

# THE IRON FORK

at Frosty Valley Country Club

## STARTERS

<b>Nduja-Stuffed Olives</b> Garlic aioli	15	<b>Oysters</b> Rhubarb mignonette, hot sauce, lemon <b>GF</b>	18
<b>Cheese Curds</b> Marinara, smoky chipotle aioli	13	<b>Chicken Tenders</b> Honey mustard	13
<b>Onion Rings</b> House petal sauce	12	<b>Harissa Lamb Meatballs</b> Lemon dill yogurt sauce	14
<b>Chashu Bao Buns</b> Soy caramel, scallion, pickled daikon	15	<b>Soft Pretzel</b> Salt, hot mustard, beer cheese	12

## SMALL PLATES

<b>Scallops &amp; Basil Gremolata</b> Grapefruit, crispy leeks	16
<b>Smashed Cucumber &amp; Greek Yogurt</b> Confit tomato oil, parsley, pickled onion, sumac <b>GF V</b>	10
<b>Sauteed Broccoli Rabe</b> Calabrian chili, garlic, anchovies, olive oil, parmesan <b>GF</b>	10
<b>Mushroom Artichoke Skewer</b> Oyster mushrooms, parsley, lemon, olive oil, spinach cream <b>GF V</b>	12
<b>Honey Miso Cabbage</b> Mirin, toasted peanuts <b>GF V</b>	13
<b>Mac &amp; Cheese</b> Cavatappi, bechamel, swiss, cheddar, american cheese <b>V</b>	13
<b>Charred Brussels Sprouts</b> Pancetta, shallots, whole-grain mustard dressing <b>GF</b>	13
<b>Chimichurri Toast</b> Chimichurri butter, confit tomato, shallots, microgreens <b>V</b>	12

## SALADS

Add crispy or grilled chicken +\$5

<b>Caesar Salad</b> Romaine hearts, radicchio, parmesan crisps, sourdough croutons, house caesar dressing	15
<b>Beet &amp; Berry</b> Romaine, spinach, roasted red beets, strawberries, goat cheese, blueberry vinaigrette <b>GF</b>	15
<b>Crispy Chicken Cobb</b> Romaine, hard-boiled egg, tomato, bacon, cheddar, sourdough croutons, honey mustard dressing	19
<b>House Salad</b> Tomato, cucumber, carrot, red onion, house-made charred scallion ranch dressing	13

## DRINKS

<b>Coca Cola Products</b> Coke, Diet Coke, Coke Zero, Dr. Pepper, Sprite, Orange Fanta	3
<b>Iced Tea</b> Unsweetened, Sweet, Raspberry, Peach	3
<b>Coffee</b>	3

**V** vegetarian    **GF** gluten-free

Consuming raw or undercooked meat, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness

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## ENTREES & PASTAS

<b>Char-Grilled Ribeye</b> 16 oz. hand-cut angus, golden root puree, asparagus, wild onion butter	<b>48</b>
<b>Miso Black Cod</b> Pickled ginger, jasmine rice, daikon	<b>29</b>
<b>Fish 'n' Chips</b> Beer-battered haddock, house tartar sauce, battered french fries	<b>24</b>
<b>Porchetta</b> Polenta, pistou, butter-braised carrots	<b>28</b>
<b>Chicken Parmesan</b> House-made linguine, marinara, mozzarella	<b>24</b>
<b>Shrimp Scampi</b> House-made linguine, confit tomato, parsley	<b>28</b>
<b>Pesto Gnocchi Chicken Cutlet</b> Basil emulsion, confit tomatoes	<b>23</b>
<b>Mushroom Ravioli</b> Ricotta, thyme, white wine <b>V</b>	<b>23</b>

## BURGERS

Served with chips • Substitute fries or salad +\$2

<b>Oklahoma Smash</b> Two 4 oz. burgers, american cheese, sliced onions, pickles, burger sauce	<b>18</b>
<b>Chef's Special</b> Two 4 oz. burgers, white cheddar, american cheese, bacon jam, pickles, garlic aioli	<b>18</b>
<b>Bacon Cheddar</b> 8 oz. burger, white cheddar, bacon, lettuce, tomato, onion, mayo	<b>16</b>
<b>Western BBQ</b> 8 oz. burger, cheddar, american cheese, lettuce, tomato, crispy onions, BBQ sauce, smoky jalapeño aioli	<b>18</b>

## HANDHELDS

Served with chips • Substitute fries or salad +\$2

<b>Curry Chicken Salad</b> Sourdough, spinach, chickpea, apple, garlic aioli	<b>16</b>
<b>Club Sandwich</b> Sourdough, ham, turkey, swiss, bacon, lettuce, tomato, onion, mayo	<b>18</b>
<b>Pesto Chicken</b> Sourdough, mozzarella, confit tomato jam, pesto aioli	<b>18</b>
<b>Italian</b> Focaccia, prosciutto, salami, pepperoni, mozzarella, tomato, arugula, confit onion, balsamic glaze	<b>18</b>
<b>Battered Fish</b> Beer-battered haddock, leaf lettuce, tomato, house tartar sauce	<b>17</b>
<b>Porchetta</b> Brioche, broccoli rabe, garlic aioli	<b>18</b>

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